



PLAN OF THE MONTH

FEBRUARY 5/6/7 2010

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The POM contains information on official and unofficial matters. All personnel are charged with the knowledge of its contents.

Duty Location: Chapel , Naval Station Annapolis, MD.

Command Duty Officer: IS2 Toomey
Leading Petty Officer: PO2 Conklin
Assistant LPO: PO3 Bassett
Master-At-Arms: PO2 Aldrich

Uniform of the Day

Friday

Officers/CPO's: Khakis
Navy E1-6: SU/NWU/BDU's

Cadets/Recruits: BDUs
Additional: Utilities

***If you do not have the prescribed uniform, you must wear a collared shirt, pants, and black shoes.**

SUNRISE: 0709

SUNSET: 1732

Friday			
Time	Evolution	Personnel	Instructor
1830	Muster at Chapel	All Hands	LPO
1830-1845	BDUs Inspection	All Hands	LPO
1845-2000	Classes from X-Div	All Hands	X-DIV DPO
2000-2100	Department Time	All Hands	LPO
2100-2200	Gear Storage and Berthing Inspection	All Hands	MAA
2200	TAPS	All Hands	LPO

Uniform of the Day*Saturday*

Officers/CPO's: Khakis

Navy E1-6: SU/NWU/BDU's

Cadets/Recruits: BDUs

Additional: Utilities

***If you do not have the prescribed uniform, you must wear a collared shirt, pants, and black shoes.**

SUNRISE: 0708

SUNSET: 1733

Saturday			
Time	Evolution	Personnel	Instructor
0530	Reveille	All Hands	MAA
0545-0700	PT (Calisthenics and Stations)	All Hands	LPO
0700-0730	Showers/Hygiene	All Hands	MAA
0730-0800	Chow	All Hands	CO
0800	Morning Colors	Colors Detail	MAA
0815-0930	Lesson Preparation	All Hands	X-DIV HEAD
0930-1130	Group Lesson Preparation	All Hands	X-DIV HEAD
1200-1300	Chow	All Hands	CO
1330-1500	Guest Speakers	All Hands	CO
1500-1530	Lesson Presentation Quiz	All Hands	LPO
1530-1630	Classroom: ADMIN (SA CASS/PO3 Frye)	All Hands	ADMIN
1630-1730	Chow	All Hands	CO
1730	Evening Colors	Colors Detail	MAA
1730-1830	Basic Information Review and Quiz	All Hands	X-DIV HEAD
1900-2145	Movie Call	All Hands	LPO
2200	TAPS	All Hands	MAA
2215-2300	Staff Meeting	Staff	CO

Uniform of the Day*Sunday*

Officers/CPO's: Khakis

Navy E1-6: SU/NWU/BDU's

Cadets/Recruits: BDUs

Additional: Utilities

***If you do not have the prescribed uniform, you must wear a collared shirt, pants, and black shoes.**

SUNRISE: 0707

SUNSET: 1734

Sunday			
Time	Evolution	Personnel	Instructor
0545	Reveille/ Secure Watch	All Hands	MAA
0600-0730	PRT (Stress Standards)	All Hands	LPO
0730-0745	Shower/Hygiene	All Hands	MAA
0800	Morning Colors	Colors Detail	MAA
0800-0830	Chow	All Hands	CO
0830-0930	Field Day YPs/Chapel	All Hands	MAA
0945-1030	Classroom: MV-22 Osprey	All Hands	LPO
1030-1130	Guest Speaker: CDR Lawrence	All Hands	CDR Lawrence
1130-1230	Chow	All Hands	CO

1230-1315	Classroom: Aviation Dynamics	All Hands	SUPPLY DPO
1315-1345	Drill Competition: Elimination	All Hands	LPO
1345-1430	Classroom: Aviation Pipeline (Enlisted and Officer)	All Hands	X-DIV DPO
1500	Dismissal	All Hands	CO

GENERAL NOTES

POD - SUBJECT TO CHANGE AT ANY TIME

PRT: We have a PRT this drill so be prepared and start working out.

Correspondence Courses: All hands are required to turn in 2 assignments from their correspondence course.

Chow/Money: Bring no less than \$25 for chow.

Uniforms: Bring all required uniforms for this drill: BDUs, Utilities, Utility Jacket if you have one, and Service Dress Blues (SDBs)

BDU's: BDU's can be purchased at drill.

Blouse	\$15
Pants	\$15
Boots	\$25

Contact supply for uniform items. (SA Libonate)

Know all your basic military knowledge: Sailor's Creed, Anchors Aweigh, 11 General Orders, and Ranks, and the Sea Cadet Chain of Command.

Make sure you have a complete sea bag, and all uniforms are up to the best standards.

Any questions use the Chain of Command

END OF POM